

FALLBROOK COMMUNITY CENTER

ACTIVITY & PROGRAM GUIDE



WINTER/SPRING 2012

CREATING COMMUNITIES THROUGH PEOPLE, PARKS AND PROGRAMS



WWW.SDPARKS.ORG

COMMUNITY CENTER INFORMATION

Ways to register

Online Registration: You can now register online for activities at no additional cost using a Visa or MasterCard. The mouse icon indicates which activities are available for online registration. Please visit www.sdparks.org and click on the online registration icon or go to Community and Teen Centers Online Registration. You will then be directed to the online registration program. Follow the instructions and in minutes, from the comfort of your own home, you will be registered for your favorite activities.



In Person: Register in person at the Community Center office, located at 341 Heald Lane in Fallbrook. We are open weekdays, Monday through Friday office hours are 9:00 a.m. to 5:00 p.m. Cash, check, or credit card (Visa or MasterCard) accepted. Checks must be made payable to the County of San Diego. A valid Drivers License will be required for all personal checks.

By Phone: Call the Community Center office (760) 728-1671 to register using a credit card (Visa or MasterCard).

A waiver must be completed by each class participant prior to the first class meeting.

Refunds: Fees are refunded or credit offered only if an activity is cancelled for lack of participants.

Community Center Information

The Fallbrook Community Center Activity and Program Guide is published three times a year by The County of San Diego Department of Parks and Recreation
5500 Overland Avenue, Suite 410 San Diego, CA 92123

Address correspondence regarding this publication to:

**Fallbrook Community Center,
341 Heald Lane, Fallbrook, CA 92028.
(760) 728-1671 or
e-mail us at gordon.stone@sdcounty.ca.gov**

Holidays Fallbrook Community Center Will Be Closed

January 16, 2012 - Martin Luther King Day
February 20, 2012 - Presidents' Day
May 28, 2012 - Memorial Day



TABLE OF CONTENTS	Special Events.....	4
	Child Care / Day Camp	5
	Youth Activities.....	6-9
	Fitness & Dance.....	10-11
	Special Interest.....	12-14
	Computers.....	14
	Picnic Reservations	15-16
	Party & Meeting Reservations	16

LIVE A HEALTHY LIFE

The "Live a Healthy Life...Recreate!" logo identifies activities, programs, and events that offer a health and wellness benefit to the participant. Look for the logo throughout the program guide to help you choose what is right for you and wellness benefit to the participant.



COMMUNITY CENTER INFORMATION

San Diego County Local Parks Development Board County Service Area 81

CSA 81 is the local agency mandated for recreation services in the Fallbrook, Deluz, and Rainbow areas of San Diego County. Its members are appointed by the S.D. County Board of Supervisors. Meetings are held on the third Thursday of each month.

Chairman:	Wicker Gamble
Members:	Neil Sternberg
	Sue Reed
	Joe Comello
	Ricardo Favela
	Claudia Morris
	Al Gebhart

Fallbrook Community Center Staff:

Director:	Gordon Stone
Recreation Coordinator:	Ashley Westbrook

Administrative Staff:	Budd Anderson
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After School Program Staff:

Ame Crews	Javier DeHaro
Rebecca Ceko	Susie Gonsalves
Elisa Hernandez	Kit Leitmeyer
Afsar Gonzales	Anne Hawthorne
Melissa Perez	Eduardo Arce

Preschool Teachers:	Sara Archambault
	Lisa Horner
	Celia Cortez

Preschool Aide:	Rosario Molina
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Building & Grounds Staff:	Javier DeHaro
	Ken Barnes
	Abel Mojica

Volunteers:	Ken Rice
	Angie Rice

Board of Supervisors:

Greg Cox, District 1	Dianne Jacob, District 2
Pam Slater-Price, District 3	Ron Roberts, District 4
	Bill Horn, District 5

Chief Administrative Officer:	Walter F. Ekard
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Department Director:	Brian Albright
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Phone Directory

Art Center at Fallbrook.....	(760) 728-1414
Art Campus at Fallbrook.....	(760) 728-6383
Boys & Girls Club.....	(760) 728-5871
Chamber of Commerce	(760) 728-5845
County Parks and Recreation	(858) 694-3030
Elementary School District.....	(760) 723-7000
Family Health Clinic	(760) 728-3816
Fire Protection District.....	(760) 723-2005
Food Pantry.....	(760) 728-7608
FPUD Water & Sewer	(760) 728-1125
Foundation for Sr Care.....	(760) 723-7713

Graffiti Hotline	(760) 451-3144
High School.....	(760) 723-6300
Hospital.....	(760) 728-1191
Ingold Community Sports Park	(760) 277-7088
Library.....	(760) 728-2373
Pop Warner Football.....	(760) 599-8200
Red Cross.....	(760) 757-5403
Sheriff.....	(760) 451-3100
Senior Center	(760) 728-4498
Traffic School	(800) 218-0013
Youth Baseball.....	(760) 728-3312
Youth Soccer.....	(760) 529-0909
Youth La Crosse.....	(760) 451-1914

DIRECTOR'S MESSAGE

The many programs, activities and special events at the Fallbrook Community Center are able to continue due to the very generous donations of cash, materials, and countless hours of volunteer help from The Friends of The Fallbrook Community Center (501(c)3 non-profit) and dozens of local groups, businesses and individuals. In these challenging economic times, these generous contributions are more important than ever. We wish to thank everyone for their continued support of the Fallbrook Community Center.

Ace Party Rentals	Fallbrook Skate Park
Albertson's	Fallbrook Sports
Angel Society of Fallbrook	Fallbrook Village News
Bob Helling	Fallbrook Village Rotary Club
Café Primo	Fred Young Photography
Carl's Junior	Fresh & Easy
Care-Rite Vocational Service	Glenn Zajic and Friends
Children's Acting School & Theater	Healthy Adventures Foundation
Community Health Systems	Honorary Mayor Lila MacDonald
Crime Dog McGruff	Ken & Angie Rice
Daniel Martinez	La Caseta Restaurant
Dominick's Delicatessen	LDS Church
El Jardin Restaurant	Little Cesar's Pizza
El Toro Market	Major Market
Fallbrook / Bonsall Rally for Children	Mary K Foundation – Margaret Leonelli
Fallbrook Chamber of Commerce	Miss Fallbrook and Her Court
Fallbrook CO. Sheriff & RSVP Staff	National Charity League
Fallbrook County Library Staff	NCFP District Explorer Post
Fallbrook Elementary School District	North County Fire Protection District
Fallbrook Equipment Rentals	North County Welding Supply
Fallbrook Health Care District	Northgate Market
Fallbrook High School District	Road Runner Errands
Fallbrook Firefighters Association	Saint John's Church Thrift Shop
Fallbrook Kiwanis and Key Club	Vince's Restaurant
Friends of Fallbrook Comm. Center	Yogurt Palace

Thank you for all your help and support!
It doesn't happen without you!

Gordon Stone - Community Center Director
County of San Deigo Department of Parks
and Recreation

SPECIAL EVENTS

San Diego Blood Bank

Thursday, March 8

Giving blood is one of the most effective ways to help your community because it saves lives. Donating blood is a very safe and simple process. Donors are accepted from 12:30-5:30 p.m. For an appointment call 800-479-3902 ext. 8251.



Photo by Mary Jane Poulter

Battle of the Bands

Saturday, March 31

Whether you play at parties, dances, talent shows, paid gigs or in your garage; this event is open to all teen bands in the area. There is no entry fee and a \$200 cash prize for first place. Trophies and donated prizes are awarded for 2nd and 3rd place. Bands must submit an application and a demo CD to community center office by March 16. Bands will be notified of their performance time by March 23. Battle of the Bands is open to the general public. Admission of \$5 per person includes a snack and drink.

Pancake Breakfast & Spring Egg Hunt

Saturday, April 7

Bring the whole family and join the Bunny for a tasty pancake breakfast and egg hunting fun! Fallbrook Firefighter's Association will serve up a delicious pancake breakfast as the Bunny hops around and meets all the kids. After breakfast, Egg Hunts are arranged by age group followed by fun games, and contests. Breakfast: 7:30 – 10:00 a.m. \$4 adults/\$2 kids under 12. Egg Hunts and Games: 10:30 a.m.

Fallbrook Garden Club, Inc.

presents

A Victorian Party Among the Petals

80th Standard Flower Show



Fallbrook Community Center

341 Heald Lane
Fallbrook, California

April 28—29, 2012

Saturday, 2:00 pm - 6:00 pm

Sunday, 10:00 am - 4:00 pm

Plant Sale - Refreshments - Raffle

Entries Invited - Open to any amateur gardener

No Admission Charge

Information
www.fallbrookgardenclub.org

Acoustic Jam - Tuesdays 7-8:45pm

Feb 7, March 6, April 3, May 1

Bring your guitar, banjo, fiddle, mandolin, bass, ukulele, harmonica or ? enjoy a creative jam the first Tuesday of each month. Musicians take turns playing while others join in on rhythm and take turns on leads. A friendly, informal evening of music! All styles welcome / beginner to advanced.

\$2 per person to cover room use.



Super Kidz - Spring Vacation Day Camp



April 9-13

Power up for an amazing adventure at Super Kidz Camp Week! This week your child will make an amazing utility belt, design the super hero they always wanted to be and save the day. Other plans for the week include crafts, movies, games, sports, snacks, and holiday parties. Activities are planned and led by Community Center child care staff. Children need to bring a nutritious morning snack, sack lunch and drink. An afternoon snack is provided. Register and pay by 4/2 for early registration discount.

Camp Fees: \$110 / week
\$99 / week when paid by 4/2

Hours: 7am-6pm

Ages: Kindergarten – 6th Grade

Dates: April 9-13

Pay by 4/2 for discount



We Care Preschool & Childcare 2.5 to 5 Years

(License #376600524)

The “We Care Preschool & Childcare” offers a half day morning preschool from 6:30 a.m. to 12:30 p.m. as well as a full day childcare from 6:30 a.m. to 6 p.m. for toilet trained children from 2.5 through 5 years.

The “We Care Preschool” program is guided by the principle of developmentally appropriate practice. Our staff embraces the view that each child is a unique person with an individual pattern and timing of social, emotional, physical, and intellectual development. Our center offers a “hands on” approach to learning. This style of early childhood education is designed to foster creativity and expanded self-expression. The “We Care Preschool” teachers teach respect for children by encouraging them to think for themselves, make decisions, work toward their own solutions, and express their own ideas and feelings.

Monthly Tuition:

	Full Day 6:30 a.m. to 6 p.m.	Half Day 6:30 a.m. to 12:30 p.m.
5 days/week	\$461	\$293
4 days/week	\$411	\$272
3 days/week	\$340	\$225
2 days/week	\$259	\$170

One Time Registration / Supply Fee: \$40



La Paloma School A.S.E.S. -



After School Education and Safety Program

Do you need a safe, enriching environment for your La Paloma student before and after school? Would you like to get them help with their homework, improve their grades, and have fun? That’s what ASES is all about! The La Paloma ASES Program is a cooperative effort of Fallbrook Union Elementary School District and County of San Diego Parks and Recreation. Space is limited! For information contact Fallbrook Community Center at 760 728-1671.

YOUTH ACTIVITIES



Ballet Folklórico Citlali



Ballet Folklórico Citlali is a group that teaches and performs traditional Mexican Dances to a large variety of music in a fun, energetic environment. New members are always welcome to workout while dancing, meet new people from the community, and have a great time.

Instructor: Miguel Trejo
Dates: Tuesdays & Thursdays Ongoing
Time: 6-7:30pm
Fee: \$20 / Month
Age: 9 and up
Class Limit: 10-25

Growing Gourmet: Cooking Series for Kids!

Kids will have fun in the kitchen and learn cooking vocabulary, techniques, use of kitchen utensils, basics of nutrition, etiquette, safety and new foods! At the end of each series students will bring home their own cookbook they have compiled in class. Children will learn safety and hygiene, fine motor skills, math and measuring concepts, communication and cooperation, gain confidence and have a wonderful outlet for creativity and fun!

Instructor: Mercy Visser
Session I: 2/7-2/28
Session II: 3/13-4/17 (no class 3/20, 4/10)
Session III: 4/24-5/15
Time: Tuesdays 3-5pm
Fee: \$60 / 4 week session
\$40 material fee to instructor at 1st class
Age: 5-12
Class Limit: 6-12



Kid's Art - Printmaking



Kids will explore various types of printmaking such as vegetable prints, mono prints, stenciling, rubber stamping, marbled patterns, embossing, colographs and more. Young artists will be introduced to pattern making, perspective and color theory. Printmaking is a hands on exploration that will develop art abilities, coordination and social skills. Instructor, Daniel Martinez, is an award winning artist who has worked teaching art to school age children for the past 30 years. Materials fee of \$15 paid to instructor at first class.

Instructor: Daniel F. Martinez
Dates: 3/1-3/22
Time: Thursdays 3-4:30pm
Fee: \$50 / 4 weeks
\$15 to instructor at first class
Age: 6-13
Class Limit: 8-25

Kid's Art - Marionettes



Participants will create unique and individual animal and character marionettes from recycled materials. Instructor, Daniel Martinez, demonstrates various styles and provides fascinating background information of these puppets throughout history. Each student fabricates a moveable sculpture they can showcase in a creative skit / showcase at the last class. Basic drawing, fabrication, and decorating will be explored in this hands on workshop. Materials fee of \$15 paid to instructor at first class.

Instructor: Daniel F. Martinez
Dates: 3/5-3/26
Time: Mondays 3-4:30pm
Fee: \$50 / 4 weeks
\$15 to instructor at first class
Age: 6-13
Class Limit: 8-25



Musical Theatre Production



All The World's a Stage! This introduction to acting, singing and movement for musical theatre will be a dynamic addition to your child's artistic education. Kids will have a ball putting on a fun mini-production of a surprise Broadway Musical! Students will learn team building, enhancing self esteem, responsibility, memorization and creativity. Includes theatre games, vocal warm ups, simple dance steps, staging and choreography of scenes, culminating in a live performance! This has been a Top Performer class for our students, and we hope to grow our Performing Arts department with your participation. "Break A Leg!"

Instructor: Tokeli Baker
Dates: 2/7-4/24 (no class 4/10)
Time: Tuesdays 3-6pm
Fee: \$165 / 11 weeks
 plus \$15 production fee
 paid to instructor
Age: 6-16
Class Limit: 12-24

Beginning Guitar



Want to play guitar and don't know how to start? Taking on guitar can be frustrating – or loads of fun. In this beginner's class you will learn basic chords, chord progressions and easy to play picking for real songs from the ground up. Challenge yourself, increase your skill and have a lot of fun with in person instruction. In a few short weeks you'll be playing popular songs in different styles. Classes are offered for two levels of beginner: BG 1 and BG 2. If you have some guitar experience then BG 2 is suggested. All ages are welcome. Instructor Joe Miller is an accomplished flat pick & rhythm guitarist. He greatly enjoys playing and teaching students young and old.

Show Biz Kids Choir / "Glee" For Kids



Show Biz Kids Choir (think "Glee" for Kids) is a dynamic, engaging opportunity for children to learn vocal technique, become familiar with world famous musical scores and popular music, and develop exciting performance stage presence. Students will learn good vocal health technique, breathe management, introductory musicianship and note reading, minimal choreography, attention/focus, creativity and team building. Singers will establish a lifelong love of good singing through their rehearsal and performance of a variety of musical genres: classical, folk, jazz, blues, pop, rock and much more. Solo opportunities too! Each session will culminate in an in class performance for friends and family as well as one field trip performance.

Instructor: Tokeli Baker
Session I: 2/6-3/19 (no class 2/20)
Session II: 3/26-5/7 (no class 4/9)
Time: Mondays 3:30-5pm
Fee: \$65 / 6 class session plus \$10
 T-Shirt fee paid to instructor
Age: 6-16
Class Limit: 12-24



Instructor: Joe Miller
Session I: 2/1-2/22
Session II: 2/29-3/21
Session II: 5/2-5/23
Time: BG 1 Wednesdays 4:30-5:30pm
 BG 2 Wednesdays 5:30-6:30pm
Fee: \$45 / 4 week session
 \$5 material fee paid
 to instructor at first class
Age: 8 and Up
Class Limit: 2-15



Introduction to Tennis for Kids



Bring your kids out to learn the fundamental strokes of tennis. This class is designed to keep the kids moving and having fun. There will be demonstrations and guided practice on strokes, score keeping, and strategy. Students should bring their racquet and an unopened can of tennis balls to the first class.

Instructor: Mary Merchat

Session I: 4/19-5/17

Time: Thursdays 4-5:30pm

Fee: \$65 / 5 week session

Age: 7-14

Class Limit: 5-12

America's Youth Outreach - Tae Kwon Do



America's Youth Outreach Karate is a goal oriented self defense and safety program designed to promote a higher level of self-confidence, discipline, physical fitness, concentration, and self esteem. Advancement in rank is offered from beginner to black belt. Weekly tuition is affordable with family discounts for 2nd and 3rd children. Uniforms (Gi) and equipment are available at class but are not mandatory. Preregistration is not required. Students may register at the 1st three classes of each semester. Call 951 369-9700 for more details.

Instructor: Jay Trusell

Dates: January 11-March 28 / 12 weeks, April 4-June 20 / 12 weeks

Time: Wednesdays 5:15-5:55pm, New Students, 6-6:40pm Returning, Students 5-7 yrs 6:45-7:20pm
Returning Students 8 & Up

Fee: \$7 per week/1 child, \$6 per child/per week/2 children, \$5 per child/per week/3 children

Age: 5-18

Class Limit: 20-40

TGA Premier Junior Golf



TGA Premier Junior Golf is now offered at Fallbrook Community Center! Students will learn all aspects of golf including swing fundamentals, rules of the game, terminology, and etiquette while advancing their skills and gaining confidence in their abilities. Classes are held in a fun, safe and nurturing environment that engages kids in the math, science, history and language of golf as they focus and build on their skills. Young golfers may advance through three separate sessions from January through May. Each session focuses on fine tuning your student's game of golf and developing good sportsmanship. All equipment and materials are provided. Classes are conducted on the back lawn of the community center using safe, limited range equipment. Contact TGA Golf for more course details (760) 295-6622. For registration contact Fallbrook Community Center (760) 728-1671.

Instructor: Chris Dawkins, TGA Golf Pro

Session I: 1/28-3/3

Session II: 3/10-4/14

Session III: 4/21-5/26

Time: Saturdays 10am-12noon

Fee: \$99 / 6 week session

Age: 4-12

Class Limit: 6-15

YOUTH ACTIVITES



Preschool Ballet

Webby Dance Company's ballet class introduces children to the basic techniques of ballet. This class helps children to develop and improve many skills such as strength and coordination, self-esteem, social skills, and listening skills. Ballet shoes are required.

Instructor: Webby Dance Staff –  Melissa Rash

Session I: 2/1-2/22

Session II: 3/7-3/28

Session III: 4/4-4/25

Session IV: 5/2-5/23

Time: Wednesdays 10:45-11:20am

Fee: \$45/4 week session
\$20 to instructor at first
class (includes t-shirt)

Age: 2-6

Class Limit: 3-12

Preschool Hip Hop

This class introduces children to the basic steps in Hip Hop Dance. Children will learn Hip Hop movements, across the floors, stretches, and routines to catchy, G Rated, Hip Hop music. This class helps children to develop and improve many skills such as coordination, self esteem, social and listening skills.

Instructor: Webby Dance Staff –  Melissa Rash

Session I: 2/1-2/22

Session II: 3/7-3/28

Session III: 4/4-4/25

Session IV: 5/2-5/23

Time: Wednesdays 11:30-12 noon

Fee: \$45/4 week session
\$20 to instructor at first
class (includes t-shirt)

Age: 2-6

Class Limit: 3-12

Creative Movement and Tumbling

Webby Dance Company's Creative Movement and Tumbling class introduces basic tumbling and balancing skills, obstacle courses, and exciting routines. The children will explore different gymnastics stations such as mini trampoline, balance beam, tunnel, tumbling mat, rhythmic ribbon, and other creative equipment.

Instructor: Webby Dance Staff – Melissa Rash

Session I: 2/1-2/22

Session II: 3/7-3/28

Session III: 4/4-4/25

Session IV: 5/2-5/23

Time: Wednesdays 10-10:35am

Fee: \$45/4 week session
\$20 to instructor at first class
(includes t-shirt)

Age: 2-6

Class Limit: 3-12



Zumba Fridays with Fitness Fusion!



Are you ready to dance like no one is watching? I've loved teaching cardio dance classes for over 10 years, so adding the exciting Latin flavor of Zumba to my ongoing classes was a natural. The reason is simple: Every class feels like a party! Come join me and you'll see what I mean. You don't even

have to know how to dance. Just move your body and follow my lead. It's easy! 30-40 minutes of Zumba cardio, followed by balance, stretch, and strengthening exercises. Feel the excitement!

Instructor: Ann Wade (AFAA, YogaFit, & Zumba Certified, BA)

Dates: Fridays (ongoing)
No class on holidays
*New students please come in 10 minutes early to register

Time: 8:30-9:30am

Age: 13 and up

Fee: \$8 per class w/ purchase of 10 class card
\$10 for single class

Class Limit: 10-50



Healing Yoga



Renew, strengthen, and heal your body. Feel centered and focused. Healing Yoga provides an approachable style of yoga for everyone. While honoring the ancient practice of Hatha yoga, Healing Yoga incorporates modern fitness and safety guidelines. Yoga poses are shown with multiple modifications so everyone will feel successful. Come enjoy yoga in a nurturing environment.

Instructor: Ann Wade AFAA, YogaFit trained, BA

Dates: Mondays Ongoing
(no class on holidays)

Time: 5-6pm

Fee: \$8 per class with 10 punch card purchase (\$80) or \$10 drop in fee

Age: 13 and up

Class Limit: 10-25

Fitness Fusion



Stamina + Strength + Stretch + Serenity

Come experience joyful low-impact cardio dance plus a fusion of strength training, yoga, stretch, and relaxation techniques. In addition to a history of keeping on top of the latest cutting edge fitness with a balanced approach, our morning class has a long tradition of creating a wonderful community environment. This class brings together all the tools to encourage a healthy, whole you. Join us!

Instructor: Ann Wade AFAA, YogaFit trained, BA

Dates: Mon, Wed, Fri Ongoing
(No class on holidays)

Time: 8:30-9:30am

*new students- Please arrive 10 minutes early to register

Fee: \$8 per class with 10 punch card purchase (\$80) or \$10 drop in fee

Age: 13 and up

Class Limit: 10-50

Yoga Fusion



Yoga Fusion is a wellness journey with a gentle, adaptable approach. We embrace the traditions of hatha yoga to strengthen, heal and nurture our bodies. We also allow the freedom to enrich our yoga practice by incorporating other fitness methods such as using light weights to strengthen, chairs to facilitate focused balancing, and other tools which aid our growth. In this way, we will not limit ourselves, but bring about a balanced, whole body fitness style for life-long wellness. Let's let go of worry, flexibility concerns, or other judgments that may have kept us from enjoying a yoga practice and just show up on our mats.

Instructor: Ann Wade (AFAA, YogaFit, & Zumba Certified, BA)

Dates: Ongoing - no class on holidays

Time: Wednesdays 9:45-10:45am

Age: 13 and up

Fee: \$8 per class w/ purchase of 10 class card
\$10 for single class

For more information on classes with Ann Wade:

wadeintofitness.com



Tai Chi Chuan

Tai Chi, also called “Meditation in Movement”, is a soft and slow way of movements that can be practiced by people of all ages. Benefits of this exercise include stress reduction, better focus and concentration, increased flexibility, improved strength, enhanced memory, improved circulation, and increased coordination.

Instructor: Gus Poletti

Session I: 1/20-2/10

Session II: 2/17-3/9

Session III: 3/16-4/6

Session IV: 4/13-5/4

Session V: 5/11-6/1

Time: Fridays 10-11am

Fee: \$45 / 4 week session

Age: All Ages

Class Limit: 5-20



Beginning Yoga

Yoga truly is for everyone! Maintaining strength and flexibility throughout our lifetime is the key to having an enjoyable and vital life, now and in the future. Come experience a focused exercise that will leave you feeling energized and centered.

Instructor: Cheryl Lindberg

Dates: Tuesdays & Thursdays
Ongoing

Time: 9-10:15am

Fee: \$8/class or \$70/10 class card

Age: 12 and up

Class Limit: 5-20



Ballroom Dancing



Do you love to watch “Dancing with the Stars”? Why not get off the couch and experience the fun of ballroom dancing for yourself. Dancing is a great way to meet new friends as well as an enjoyable form of exercise. Even if you are sure you have two left feet these classes will show you how easy it can be to dance comfortably with a partner. Basic step patterns will be covered as well as variations and more advanced technique for those with dance experience. Singles and couples and dancers of all levels are welcome. For more information please visit our website at www.BallroomLessons4You.com



Instructor: Christine Rinne and
Mark Mullen

Session I: 1/24-2/28 Waltz & Cha Cha Cha

Session II: 3/6-4/10 Quickstep & Swing

Session III: 4/17-5/22 Foxtrot & Samba

Time: 6:30-8:30pm Tuesdays

Fee: \$60/6 week session

Age: 15 and up

Class Limit: 12-40

SPECIAL INTEREST



Watercolor Classes

Come and join us in experiencing this exciting painting medium! All levels are welcome. You will learn about the materials used to paint watercolors and the basic techniques needed to create beautiful paintings. We will also study the techniques of various artists. We usually complete two 16x20 paintings per session. More advanced students who wish to work on their own original projects and would like some advice/critique/direction are also welcome in the class. Contact instructor, Pam Benson, for information and registration (951) 302-9879 or pjbenson@roadrunner.com

Instructor: Pam Benson

Session I: 1/30-2/27 (no class 2/20)

Session II: 3/5-3/26

Session III: 4/2-4/23

Session IV: 4/30-5/21

Session V: 6/4-6/25

Time: Mondays 1-4pm

Fee: \$90 / 4 week session
Fees are paid directly to instructor

Age: Adults

Class Limit: 5-15



Positive Parenting Workshop

Positive Parenting Program is providing free parenting workshops at La Paloma Elementary School. The Workshops are designed to help parents and professionals learn how to use simple, practical, and powerful strategies to strengthen and cooperation in children. Workshops consist of three 90- minutes' seminars and include topics such as research-based program that has been shown to promote family harmony, reduce parent-child conflict, foster successful peer relationships, and prepare children successful experiences at school. Grocery Store gift cards raffle at every workshop.

Free Childcare and dinner provided.

Dates: 1/26, 2/2, 2/9

Time: Thursdays 5:30-7:15 p.m.

Fee: Free- Must reserve spot,
call Community Center
760 728 1671

Class Limit: 50

FREE



Taller Positivo para los Padres!

El Taller Positivo para los Padres da clases de paternidad gratis en la Escuela La Paloma. Los Talleres son diseñados para ayudar a los padres a cómo usar estrategias simples, prácticos y potentes para fortalecer la cooperación en los niños. Los talleres consisten de 90 minutos e incluye tapas de cómo promover la armonía entre la familia, reducir conflicto entre padre e hijo, promover relaciones exitosas entre padres, y como preparar los hijos para que tengan éxito en la escuela. Habrá rifa de tarjetas de regalo en cada taller. Gratis: Cuidado de niños y cena.

Fechas: 1/24, 1/31, 2/7

Horario: Martes 5:30-7:15 p.m.

El Costo: Debe reservar lugar, por favor de hablar a la oficial del Centro Comunitario (760) 728-1671

Limitado: 50 asientos

GRATIS

Coastal Fun Tour to Cambria

April 16-19

Explore the Cambria Coast for 4 days / 3 nights on this Spring get away. Enjoy accommodations at the Cambria Pines Lodge, a Hearst Castle Tour, visit to Sea Lion Cove, wine tasting at two local vineyards, gaming at Chumash Casino, shopping in Cambria and Solvang, a tour of Miniature Horse Ranch and fantastic sightseeing along Highway 101. All breakfasts, dinners and 1 lunch are included as well as deluxe motorcoach transportation and baggage handling. \$523 per person / double occupancy. Payment in full is due by March 1. For information contact Fallbrook Senior Center (760) 728 4498.

Senior Lunch

The Fallbrook Senior Center serves a hot, nutritious lunch at 11:30 a.m., Monday through Friday in the community center dining room. Meals are for seniors 60+ and reservations are not required. Meals are also delivered to homebound seniors unable to attend lunch at the community center. This project is sponsored by Fallbrook Senior Citizens Service Club, generous contributions from friends and organizations in the community, and the Older Americans Act Fund through the County of San Diego Aging and Independent Services. For more details call the Senior Center at (760) 728-4498.

Duplicate Bridge

This game is advertised internationally by the American Contract Bridge League (ACBL). Anyone who can play bridge may attend. All levels of play are welcome. A light snack-lunch and coffee provided. For information regarding games, lessons, or partnerships please contact Debra Cameron at (760) 468-2078 and debcameron@verizon.net, or Fran White at (760) 695-7885 and franwhite3@gmail.com.

Instructor: Debra Cameron & Fran White
Dates: Mondays & Thursdays Ongoing
Time: 12:30-4:30pm
Fee: \$7 per game



Free Composting Workshop

March 31

In partnership with the County of San Diego and Fallbrook Community Center, the Solana Center for Environmental Innovation is providing a free composting workshop for all county residents. Composting is the controlled decomposition of organic material such as leaves, grass, fruit, and vegetable remains. Essentially it is nature's way of recycling! Composting not only diverts waste from the landfill, but also returns valuable nutrients from food and yard waste to the soil. In this workshop, you will learn methods and knowledge of composting and vermicomposting (composting with worms) and the benefits it can provide your garden and community. Compost bins will be sold at the end of the workshop with subsidized prices for Unincorporated County residents. Register online or call (760) 436 7986 ext 222

Who: All Ages
Where: Eucalyptus Room
When: Saturday 10am-12noon
Date: March 31
Limit: 10-40
Fee: Free!



Register by calling (760) 436 7986 ext 222 or on line at
<http://www.solanacenter.org/event/free-composting-workshop-fallbrook-community-center>

Driver Education

Driver Education is a California-required course for teens to receive a driver's license. It is the first step that must be taken so the teen can receive a driver's permit. The course includes much parental involvement and is fun, interactive, and educational. Coursework can be completed at any time of day or night. Students may choose from an internet course or a home study course. DMV-accepted completion certificates issued upon successful completion of the course. Class does not include behind-the-wheel driving.

Instructor: All Good Education Corporation
Dates: Flexible
Time: At Your Convenience
Fee: \$75 for internet course
 \$90 for home study course
 (covers S&H)
Age: 14-18

Basic On-Leash Dog Obedience Training



True Freedom for your dog comes only through proper training. With a firm combination of loving and patient training methods, you and I will turn your four-legged friend into a well-mannered family member. Basic obedience commands will be covered such as “watch me”, “sit”, “down”, “stay”, “heel”, and “come”. Together we will develop leadership skills for you and socialize your dog. Class meets rain or shine, do not bring dogs to first class.

Instructor: Rick Williams
Dates: 1/28-3/3
Time: Saturdays 9-10am
Fee: \$90 / 6 week session
 \$8 materials fee to instructor at 1st class
Age: 15 and Up



Computer Basics, Please!



If you have little or no computer experience, this is the class for you. You'll get an introduction to Windows – the desktop, icons, task and toolbars, pull-down menus, files and folders, saving and deleting, and more. You'll learn to send email and how to surf the Internet. In addition, you'll get an introduction to word processing.

Instructor: Sandi Weisel
Session I: 1/20-2/3
Session II: 4/6-4/20
Time: Fridays 9:30am-12:30pm
Fee: \$70 / 3 week session
 \$6 to instructor at first class
Age: 17 and up
Class Limit: 5-8

Microsoft Word – Beginning / Intermediate



In this class you'll learn to manipulate type, including changing fonts, colors, and sizes. You'll format paragraphs for spacing, indentation, and alignment, and you'll learn various keyboard shortcuts to get the tasks done. This class also covers how to set paper size, margins, page orientation, and columns, and how to use tabs, numbers and bullets. You'll insert photos and clipart into a document, spell check your text, and print your creation. A USB flash drive is recommended.

Instructor: Sandi Weisel
Session I: 2/10-2/24
Session II: 5/4-5/18
Time: Fridays 9:30am-12:30pm
Fee: \$70 / 3 week session
 \$6 to instructor at first class
Age: 17 and up
Class Limit: 5-8

Digital Photo Editing



Come and learn what you can do with images from your digital camera. We'll look at ways to enhance photos, size and crop them, and even how to combine a number of scenic images into one panoramic shot. We'll work with creative tools on Photoshop Elements and other photo-editing programs. The class will cover how to download digital photos from your camera to your computer, how to send them as email attachments, and how to put them on Facebook. A digital camera and USB flash drive are recommended.

Instructor: Sandi Weisel
Dates: 3/9-3/23
Time: Fridays 9:30am-12:30pm
Fee: \$70 / 3 week session
 \$6 to instructor at first class
Age: 17 and older
Class Limit: 5-8

LIVE OAK PICNIC AREA

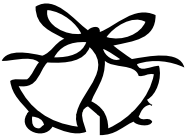
RESERVATION INFORMATION

AREA	SEATING	BBQ'S	FEES	OTHER
A	72	2 SMALL	\$125.00	
B	60	2 SMALL	\$100.00	
C	84	1 LARGE	\$125.00	Food Preparation Table 110V Electricity: Add \$25.
D	64	1 LARGE	\$100.00	Food Preparation Table
E	108	5 SMALL	\$150.00	Electricity: Add \$25.
F	292	1 LARGE	\$275.00	Food Preparation Table 110V Electricity: Add \$25.
Pavilion	Dance Slab & Stage Weddings & Anniversaries		\$50.00 Only Rented With Area E or F	110V Electricity: Add \$25. DJ at Pavilion Only: Add \$50. No Live Music

Electricity is turned off and DJ must end 1 hour prior to closing time

Pavilion is only reserved with Area E or F / Live Music not permitted / \$50 fee for DJ at Pavilion only / Additional \$25 fee for each: Jumper, Pony Ride, Climbing Wall, Caterer.

760.728.1671



WEDDINGS IN LIVE OAK

4 DIFFERENT WEDDINGS PACKAGES ARE AVAILABLE



PACKAGE	SEATING	BBQ'S
1	Basic Package includes Wedding Gazebo (2 hours) & Parking	\$150.00
2	Basic Package + Picnic Area D	\$200.00
3	Basic Pkg. + Area E + Pavilion (includes electricity)	\$325.00
4	Basic Pkg. + Area E + Pavilion (includes electricity)	\$325.00
5	Basic Package + Picnic Area F + Pavilion (includes electricity)	\$450.00

SEE MAP FOR LOCATION AREAS

To Make Reservations, Please Contact:

Fallbrook Community Center | 341 Heald Lane, Fallbrook, CA 92028

(760) 728-1671 | Mon. – Fri. 9 a.m. to 5 p.m.

Please Make Checks Payable to : Live Oak Park Coalition

THE AUDITORIUM AT THE FALLBROOK COMMUNITY CENTER



THE PERFECT LOCAL SETTING FOR YOUR BIG EVENT

WEDDINGS | BIRTHDAYS | ANNIVERSARIES | BANQUETS

ROOM	Auditorium Fri, Sat, Sun	4032	300		\$540/\$100		\$405/\$75		\$300		\$50
	Auditorium Mon-Thurs	4032	300		\$100		\$75		\$150		\$40
	EUCALYPTUS	528	45		\$27		\$20				
	NORTH ROOM	1025	90		\$55		\$40		\$100		\$25
	KITCHEN (WITH AUDITORIUM ONLY FLAT-FEE)				\$105		\$80				
		SQUARE FOOTAGE	CAPACITY	PRIVATE FUNCTION /COMMERCIAL USERS		NON PROFIT ORGANIZATIONS/ SCHOOLS/ONGOING RENTALS		REFUNDABLE DEPOSIT		TABLE & CHAIR RENTAL FEE	

COMMUNITY CENTER PICNIC PAVILION RESERVATIONS

There are two picnic pavilions on the community center grounds that may be reserved. The reservation fee is \$100. per area per day. Hours are 9 a.m. to dusk. Please – no bands or DJ's. Jumper ok at Heald Lane area.

Fallbrook St Picnic Pavilion

Includes covered picnic pavilion and 4 picnic tables to seat up to 32.
Located next to a fenced playground, basketball court and grass play area.

Heald Lane Picnic Pavilion

Includes covered picnic pavilion, 4 picnic tables to seat up to 32, three BBQ's, grass play area, sand volleyball courts and restrooms nearby. Electricity available for an additional \$25, jumper ok.

All picnic reservations must be pre-booked and pre-paid.
For information contact the community center office 760 728-1671.